



Langley


Division of Family Practice

A GPSC initiative

Growing Stronger Together & Evolving Through Change

12th AGM Report
September 28, 2022





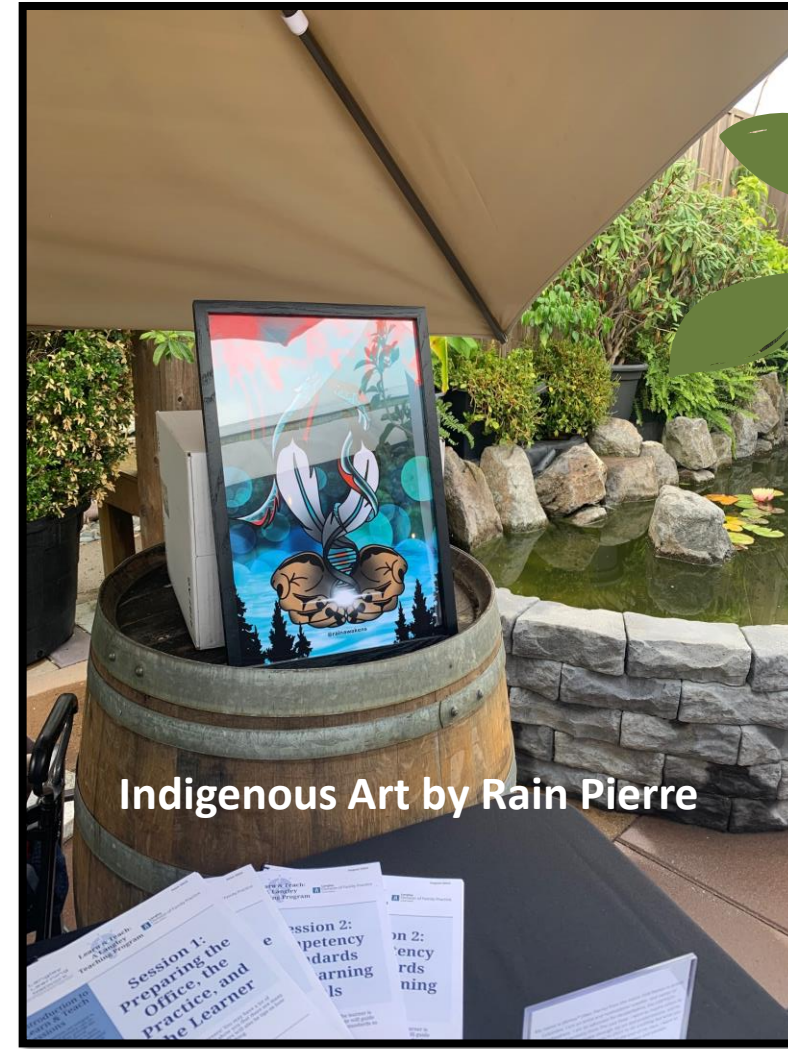
We recognize and respect that this year's event took place on the traditional ancestral unceded and shared territories of the Kwantlen (kwant-len), Matsqui (mats-sqwee), Katzie (kate-zee) and Métis First Nations.



Wishing Well – Capturing & Planning Next Steps

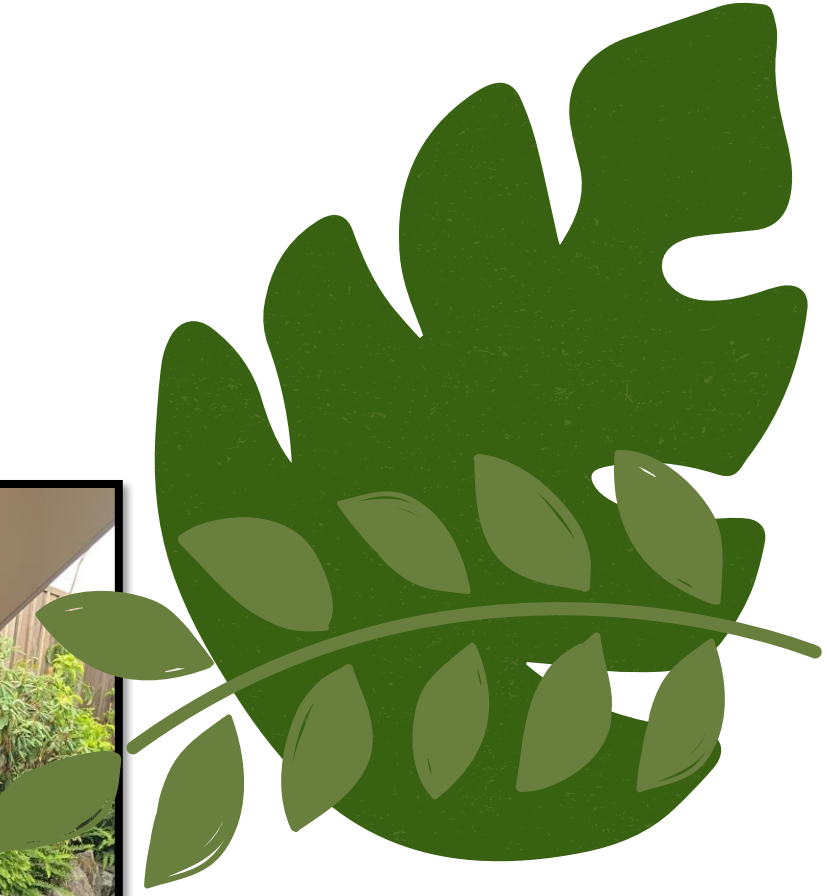


Celebrating Guests & Wellness



Indigenous Art by Rain Pierre

Location: Sinocan Winery, Langley





Dr Carolyn Van Schagen
Called the AGM to order

Motion: Approve minutes of the 2020-2021 AGM
Dr Ray Simkus moved the adoption;
Dr Matthew Parsons seconded the motion.
Carried



Langley Division of Family Practice
Annual Report
2021-2022

Financials & Governance

LANGLEY DIVISION of FAMILY PRACTICE Vision, Mission & Values

Our Values

• HONESTY

• COURAGE

Our Mission

The LANGLEY DIVISION of FAMILY PRACTICE brings together PHYSICIANS, RESOURCES and PATIENTS to improve THEIR health care journey

Our Vision

BRINGING OUR community

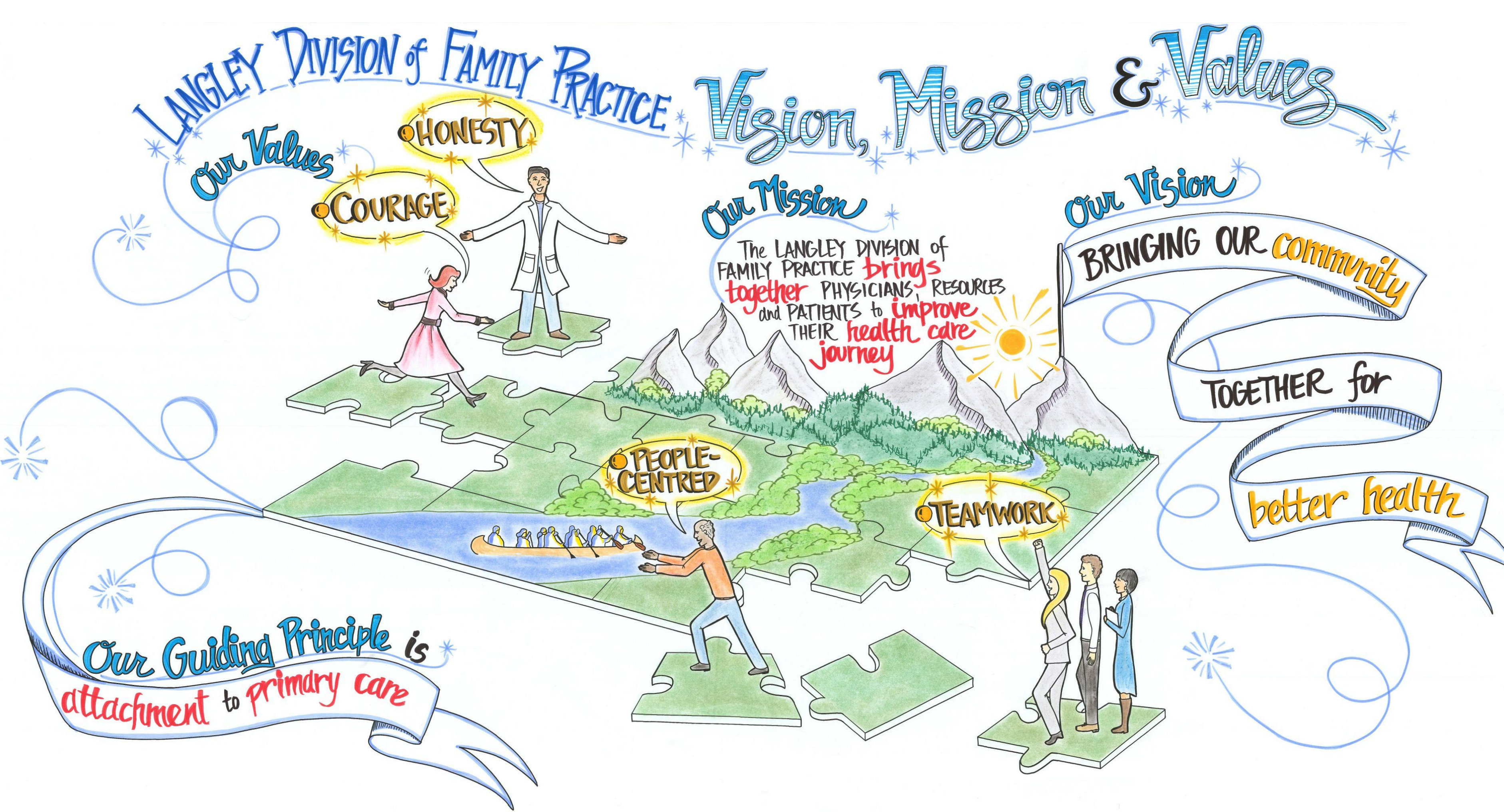
TOGETHER for

better health

• PEOPLE-CENTRED

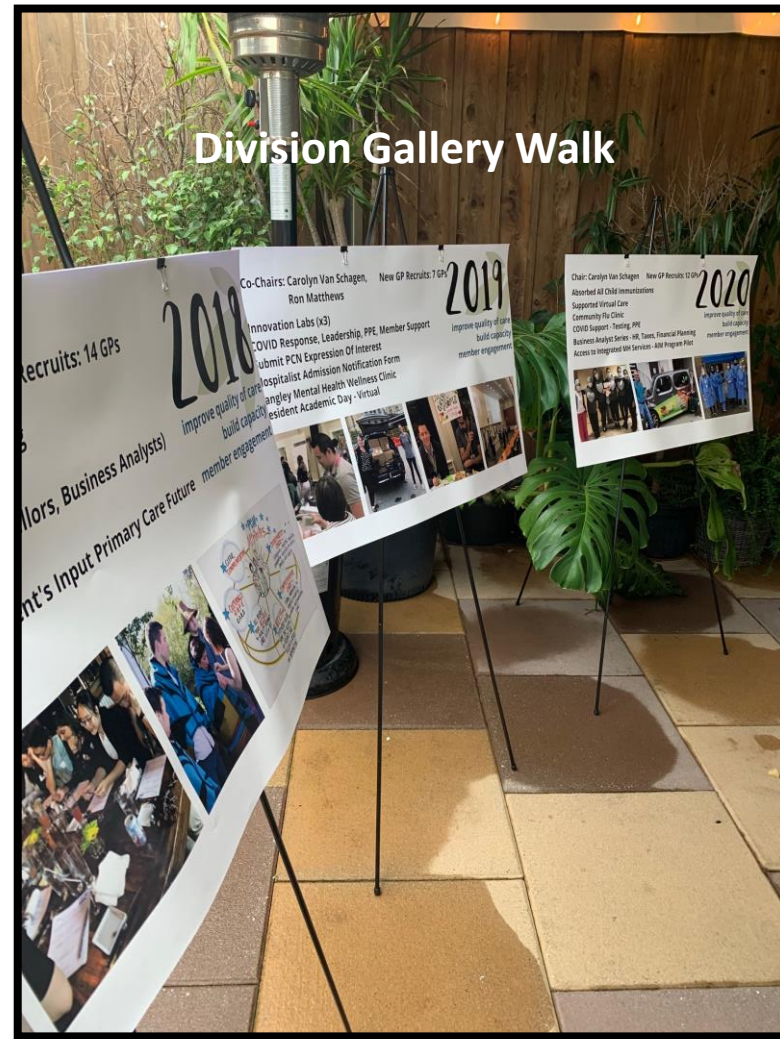
• TEAMWORK

Our Guiding Principle is attachment to primary care





Dr Carolyn Van Schagen, Board Chair, and Ellen Peterson, Executive Director, warmly welcomed Division Members and their guests while thanking everyone for their continued contributions and commitment to primary care in our community.



"The True Test of Leadership is How Well You Function in a Crisis"
-Brian Tracy



Your LDFP Board 2021-2022

Dr Carolyn Van Schagen

Dr David Chapman

Dr Prab Chahal

Dr Randy Mourh

Dr Anita Wong

Dr Brian Morgan

Valerie Moshchenko, NP

Dr Kanika Rai - Resident Representative

Dr Leo Wong - PCN Lead

Dr Jeff Plante - Dept Head of Family Practice



Governance:

Re-Elect LDFP Board

Dr Carolyn Van Schagen - 1 year term

Dr Brian Morgan - 2 year term

Dr David Chapman - 2 year term

Dr Prab Chahal - 2 year term

Elect LDFP Board

Dr Jenna Darani - 1 year term

Motion: To elect nominations as a slate
Dr Andre Van Wyk moved to elect nominations as a slate,
Raman Brar, NP, seconded.

Carried

LDFP Financial Report

2021-2022

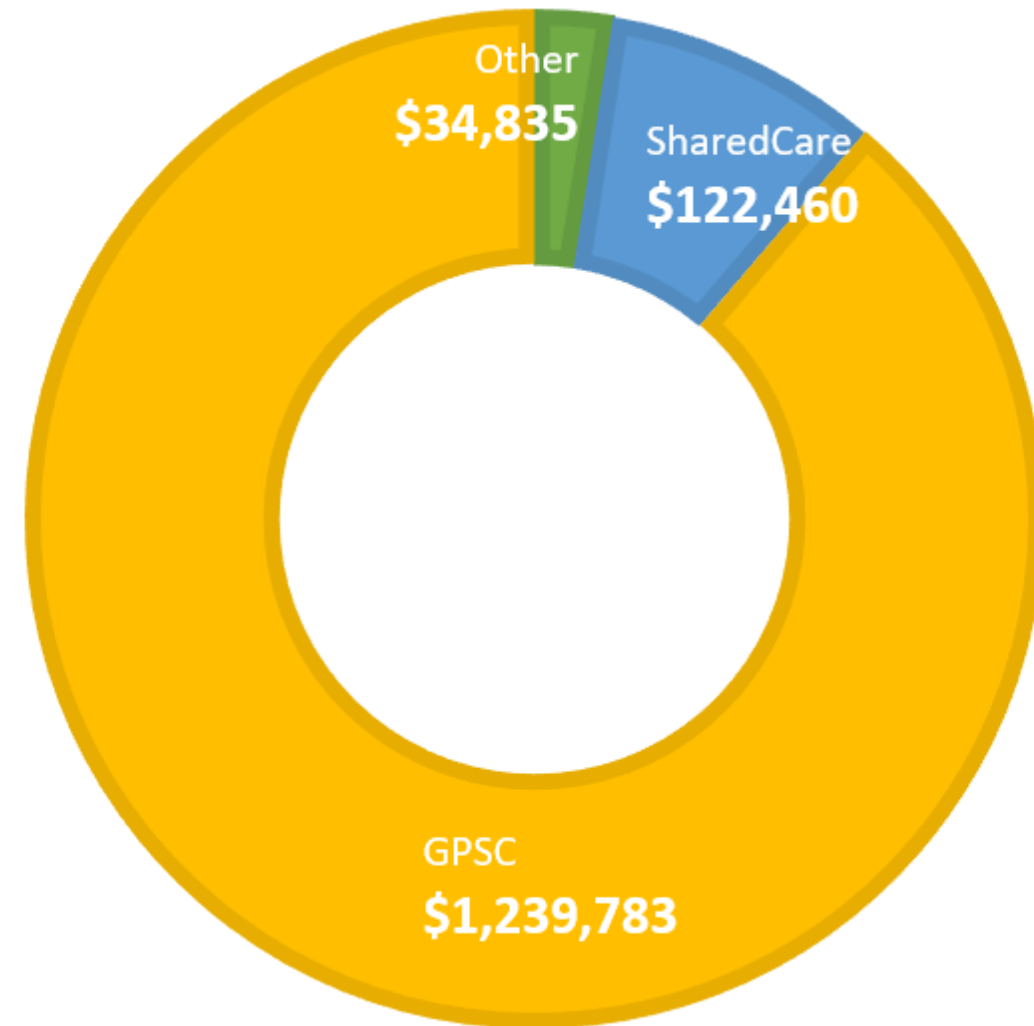
Statement of Operations

	2022	2021
Revenues	1,397,078	1,633,421
Expenses	1,371,815	1,549,294
NET	25,263	84,127
Other Income	6,053	22,317
NET Income	\$ 31,316	\$ 106,444



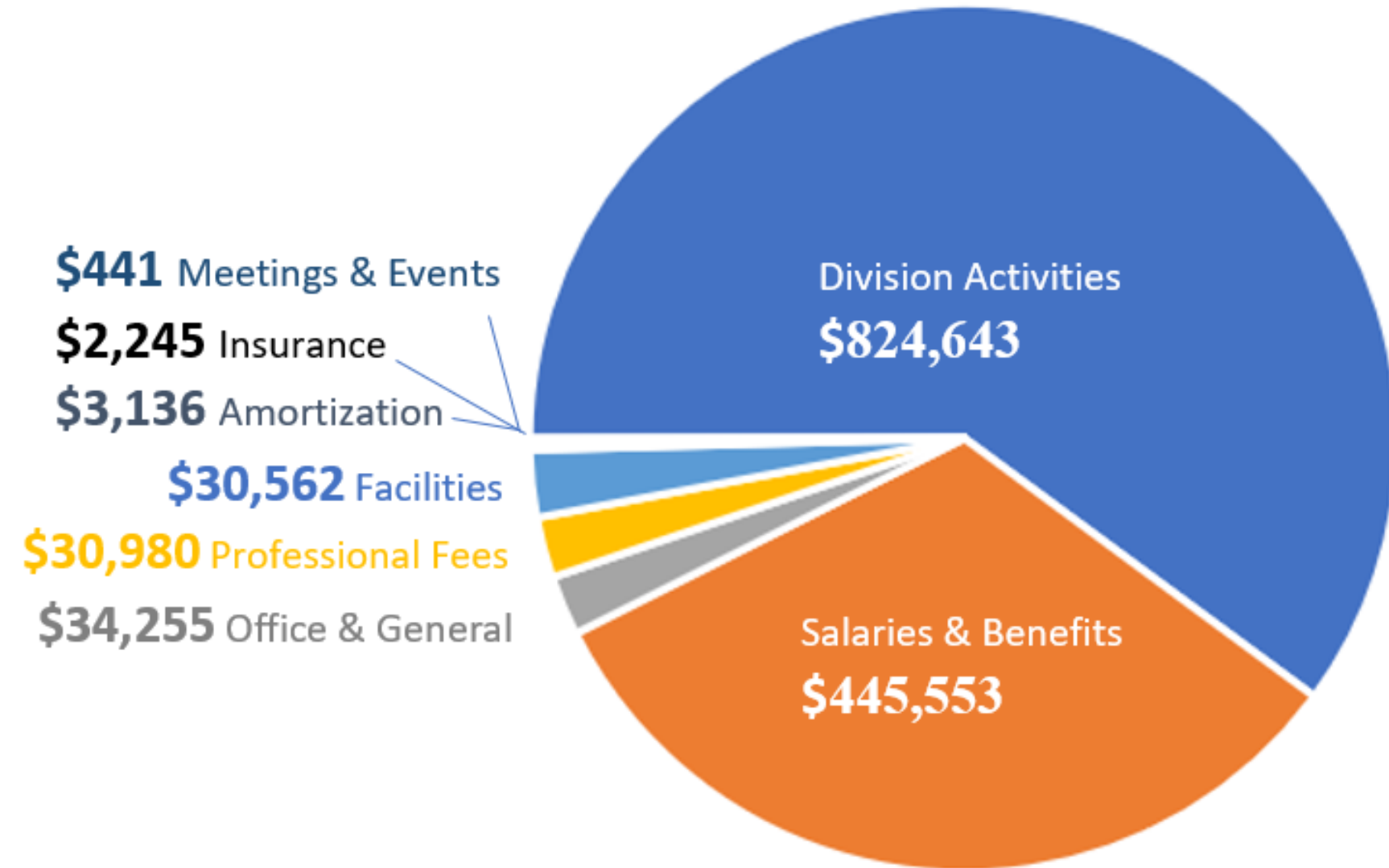
Revenues

\$1,397,078



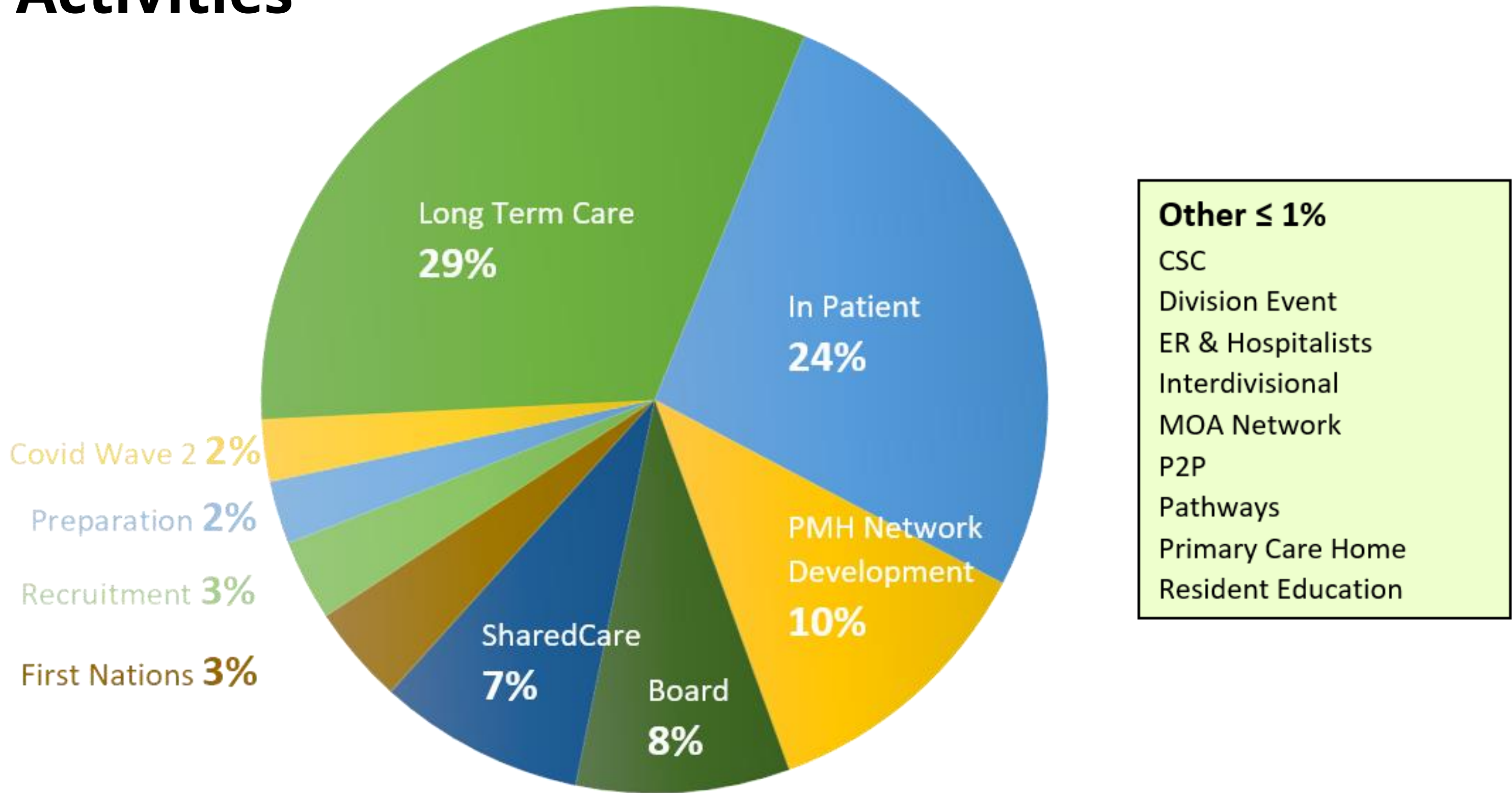
Expenditures

\$1,371,815



Division Activities

\$824,643





Motion: To appoint D'Abadie Moody Chartered Accountants as auditors for 2022-2023.

Dr David Chapman move to appoint D'Abadie Moody Chartered Accountants for the next fiscal year, Dr Steve Shore seconded.

Carried

Motion: To adjourn the AGM

Ellen Peterson called the motion to adjourn the business portion of the AGM. Dr Carolyn Van Schagen moved to adjourn; Dr Anita Wong seconded.

Carried

As we continued along with the evening, Dr Carolyn Van Schagen and Ellen Peterson reviewed the highlights, challenges and moments for celebration from the year.



Highlights From The Year

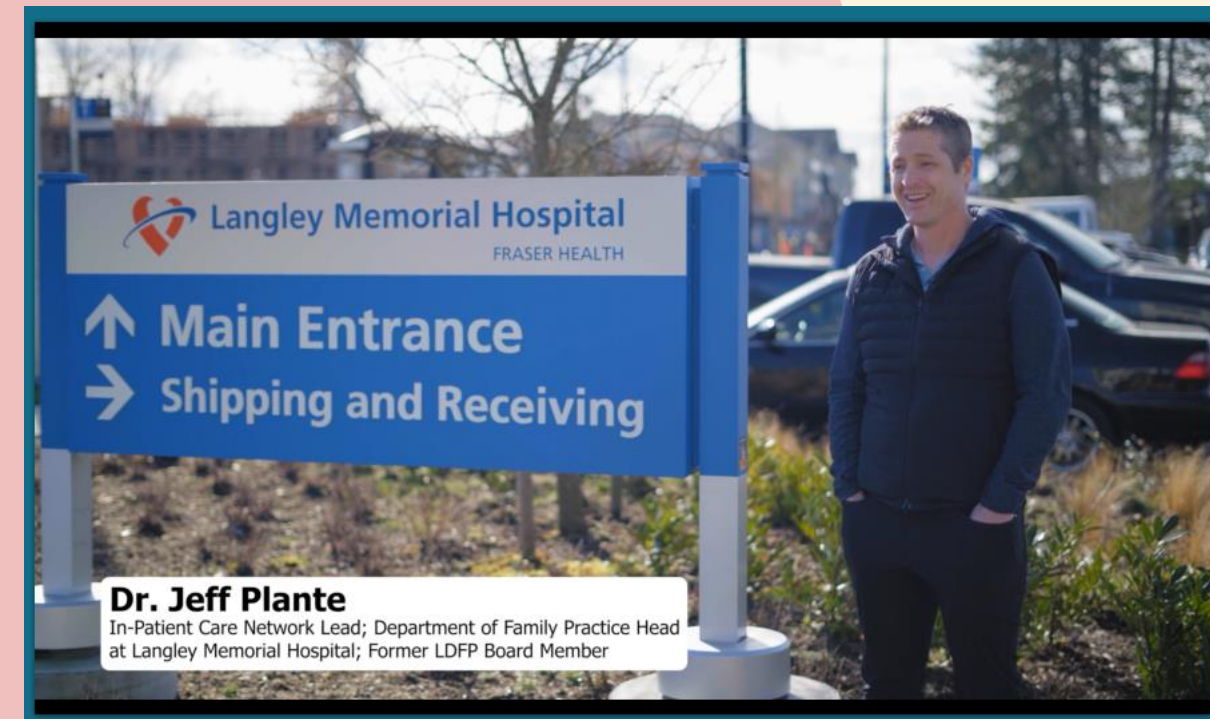
Growing Stronger Together & Evolving Through Change

2021-2022

Over the years LDFP and its Members are checking in on priorities that best suit the practitioners and the community. This year Members top three priorities continue to be:

Member Priorities

- 1) Recruitment
- 2) MHSU & Psych
- 3) After hours through PMH networking



[View and share our recruitment video!](#)



12

New Candidates



8

New GPs in Langley



4

New Practices

Recruitment

Over the last year, the Division has revamped and refreshed our recruitment campaign, marketing and online presence. This year we have toured and recruited new physicians in trying to keep up with the growing populations and needs in Langley.

Throughout the last two years we have seen existing practices expand and new practices open their doors. With a couple more in construction phase!!

LDFP Welcomes

Ahmed Abdelgawad, Resident

Alice Yuan, Resident

Amandeep Grewal, GP

Amber Husband, GP

Aneil Manhas, Resident

Anika Constantinescu, Resident

Arman Singh, Resident

Baljot Sekhon, Resident

Bavenjit Cheema, Resident

Cynthia Nguyen, Resident

David Luu, Resident

Gagan Randhawa, GP

Ghazaleh Kiani, Resident

Gulaab Sara, Resident

Gurdeep Grewal, GP

Harsimran Kaur, Resident

Hyum Min Geum, Resident

Jenna Darani, Resident

Jonathan Choi, Resident

Juliana Sunavsky, Resident

Kevin Peter, SP

Kim Costley, GP

Maria Anderson, GP

Martin Cheung, Resident

Nathan Ko, Resident

Sabrina Trigo, Resident

Sanya Ranchal, Resident

Simon Lai, GP

Simone Loch, GP

Siru Wang, Resident

Sophia Park, GP

Sundeeep Dhaliwal, GP

Sung Hee Suh, GP

Roxana Rahmanian, Resident

Yashika Kaushal, Resident



Langley Mental Health Wellness Clinic



Joint initiative of Langley Psychiatrists and Family Physicians

Referred:

627

Patients Seen:

404

Waitlist:

65

(April 2022)

**Dates for data set range from Sept 2019- Sept 2022

Since launching in Fall 2019, the LMWC has been seeing patients with mild-moderate mental health concerns for 1-2 visits with our partnering local Psychiatrists.



My Commitment to Cultural Safety and Humility:

Continue our learning journey and building relationships with our local Indigenous community



First Nations Health Authority
Health through wellness

NAME	Langley Division of Family Practice ORGANIZATION
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www.fnha.ca @fnha #itstartswithme #culturalhumility

The Division and its Members are committed to culturally safe care and welcoming all patients into their practice in a way that is comfortable for everyone. We are dedicated to our learning journey and making changes that matter to patients while continuing to build relations with our local Indigenous communities. Education, land-based training, and patient voices are all examples of activities helping us along the way.

Members are supported through several Networks in Langley. Throughout the year, the Division provides meeting times and space, education opportunities, and works towards filling any gaps or barriers that patients and practitioners may be experiencing.

LDFP Network Support

Long Term Care Network

(Patients and Practitioners in long term care facilities)

Maternity Network

(Langley Maternity Clinic Physicians, Moms & Babes)

In-Patient Care Network

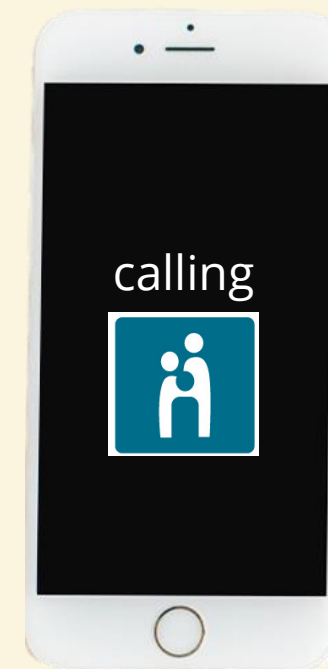
(Physicians working at LMH in addition to their family practice)

After Hours Network

(In its pilot phase – this will support all members)

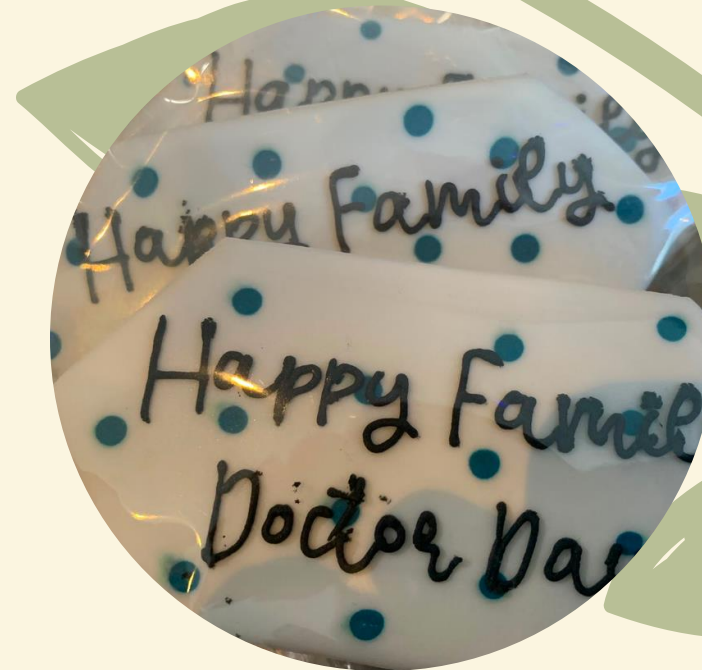
Call System

(LTC and In-Patient physicians)



Peer to Peer

- Walk to Remember
- Do No Harm
- BC Family Doctor Day
- CPR & First Aid Training



Work – life balance can be a challenging task, especially for those who are so passionate about patient care. This year we focused on Peer-to-Peer support and physician wellness while organizing re-certifications on behalf of our Members.

Member Feedback:

"I've reviewed this newsletter and just want to say what an amazing job LDFP is doing! You folks just keep on adding to Langley's health services, consistently since inception. You have my respect! Many thanks and admiration."



"It can be quite lonely as a resident going from staff to staff every day at the hospital—it's nice to feel like we have a community where we belong.
The procedure teaching sessions were fun and informative!

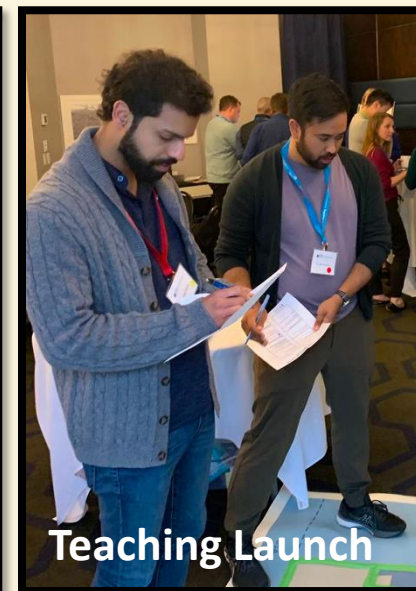
As always, we find the physicians and staff of Langley Division so friendly and inclusive.
You have no idea what a wonderful difference that makes!"

Teaching Network

In May 2022, LDFP launched the Learn & Teach Program. As a part of the Langley Learning Network, this Program provides encouragements, resources, tools, partnerships, and support to practices wanting to teach Medical Students and Residents as well as MOAs wanting to work in family practice.

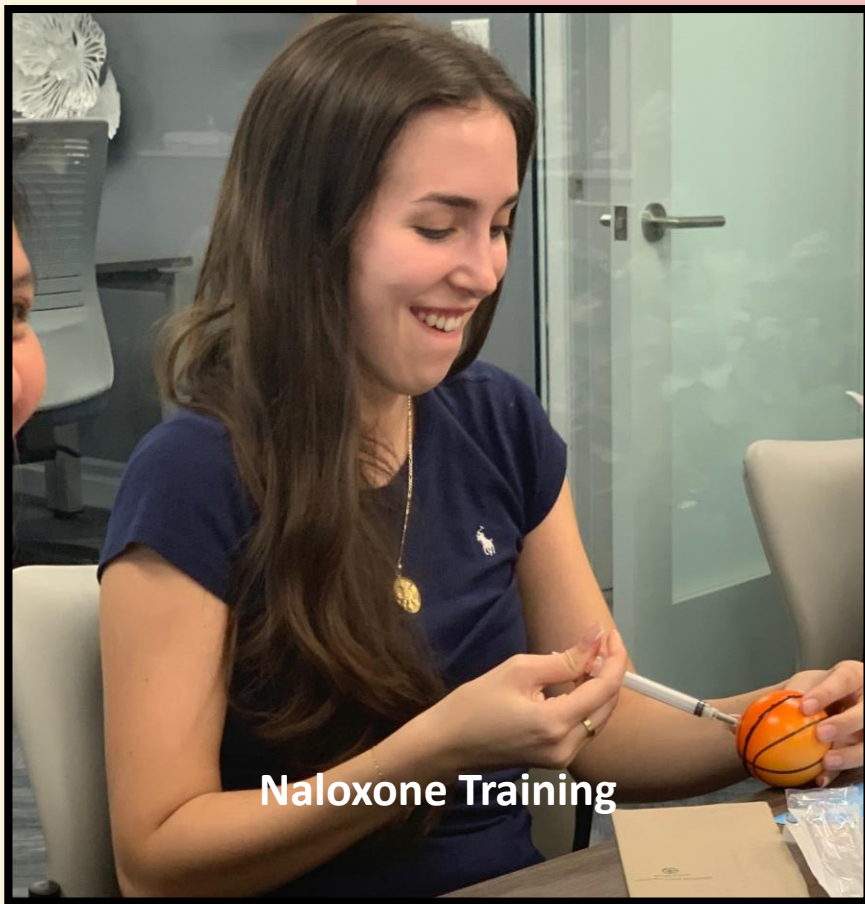


Learn & Teach:
A Langley
Teaching Program



Residents

Residents, both First and Second year are a valued part of the team in Langley. They are invited to attend all our educational and social events while encouraged to contribute to innovative ideas in care.



MOA Network

- MOA Appreciation and Wellness
 - Peer Support
 - Naloxone Training
- CPR & First Aid Training
 - News Bulletin
- Hiring & Locum Support
- Education Opportunities

The Langley MOA Network supports both family physician office and specialist office MOAs and Office Leads. The Network is offered education events, re-certification, communication tools, HR and locum support. Our MOAs are appreciated for all that they do to support Langley Physicians and their patients.

Shared Care In Langley

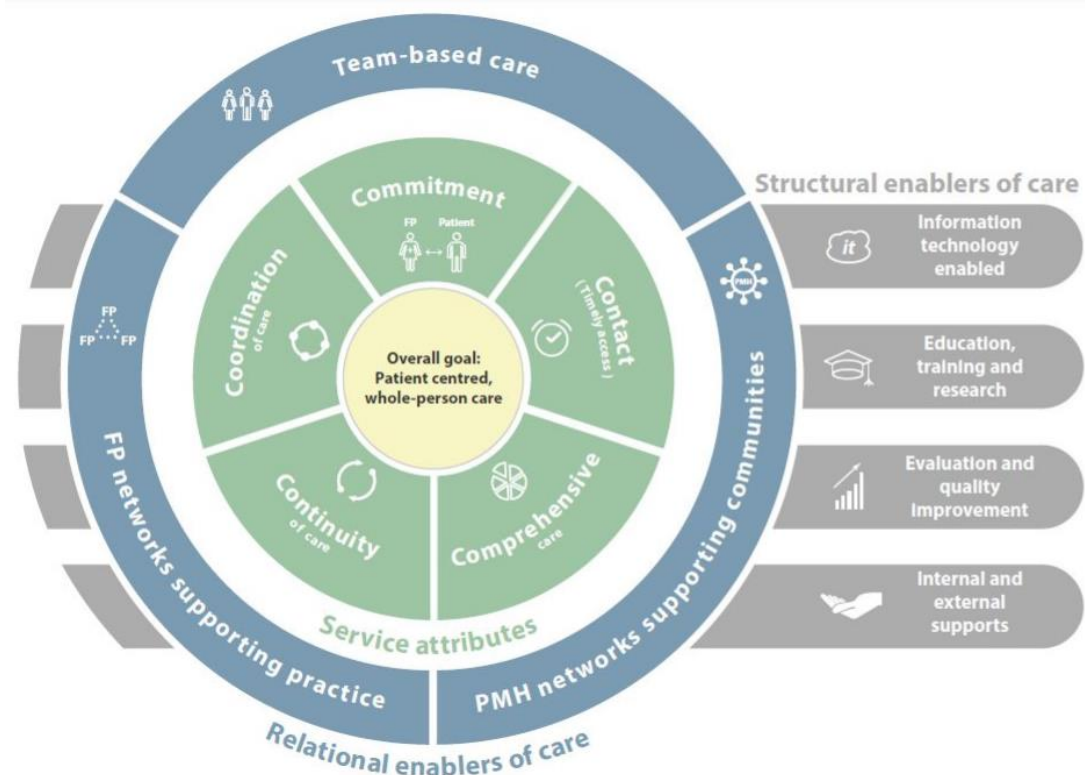
The Shared Care Committee supports physicians and partners to work together to improve the coordination of care from family practice to specialist care. LDFP has been working with Shared Care for over 6 years and have completed many projects with their support. This past year two projects were completed and another two approved and started.

In Progress:

- **MHSU: Navigating Resources in Langley**
 - Navigation tool (practice & patients)
 - Reducing Stigma: Group Therapy & CBT
 - ADHD and Suicide Ideation education
- **Indigenous: Creating Safe Space in Care**
 - Community Table including Kwantlen, Matsqui and LFVAS
 - Feedback & Learning Mechanism
 - Welcoming Artwork
 - Cultural Safety & Humility Education Series

Completed:

- **Coordinating Complex Care**
- **Specialist – GP Transitions in Care**



Access & attachment to quality primary care

Extended hours

Same day access to urgent care

Advice & information

Comprehensive primary care

Culturally safe care

Coordinated care

Clear communication

Primary Care Network

PCNs are a clinical network of physicians and other providers in a geographic area where patients receive expanded, comprehensive care and improved access to primary care. PCNs include GPs, NPs, and allied health care providers in patient medical homes (PMHs), First Nation communities, health authority services and community health services.

Langley is in the planning stages and continues to keep our Member's top priorities in mind as we move forward in the process.

[See more about PCN & PMH here](#)

Langley PCN Draw Down

Langley PCN Clinical Counsellors (3)

Referred:

688

Transitioned back to

GP/NP:

536

Waitlist:

143

(March 2022)

Langley Foundry

- PCN Draw Down
- Physician recruitment
- Physician 2SLGBTQIA+ education support
- Referral communications

· F O U N D R Y ·

**Dates for data range are between May 2021 - June 2022

Retirements in 2022:



Dr Brendan Martin



Dr Beth Watt



Dr Shannon Dutchyn



Dr Kenneth Ng



Dr Nigel Myers



Dr Derek Hitchman



Dr Richard Hsu

**Thank you for all your years of patient care and
commitment to family practice.**

Cheers!

What would you like to see happen with Primary Care in Langley?

Members were encouraged to share their thoughts & ideas with the Wishing 'Well'

Access & Attachment to Quality Primary Care

- Recruit more GPs & IMGs
- Increase locum pool
- More patient attachment, but with a focus on acuity
- Health Fair where unattached patients can get blood pressure checked, quick physical, and screening
- More support for the Foundry for GPs to be involved
- Solve Clinical Counselling wait times
- Less clinics, more physicians
- Movement towards larger office space where the majority of physicians/nurse practitioners work together, likely near LMH
- On board pharmacists

Advice & Education

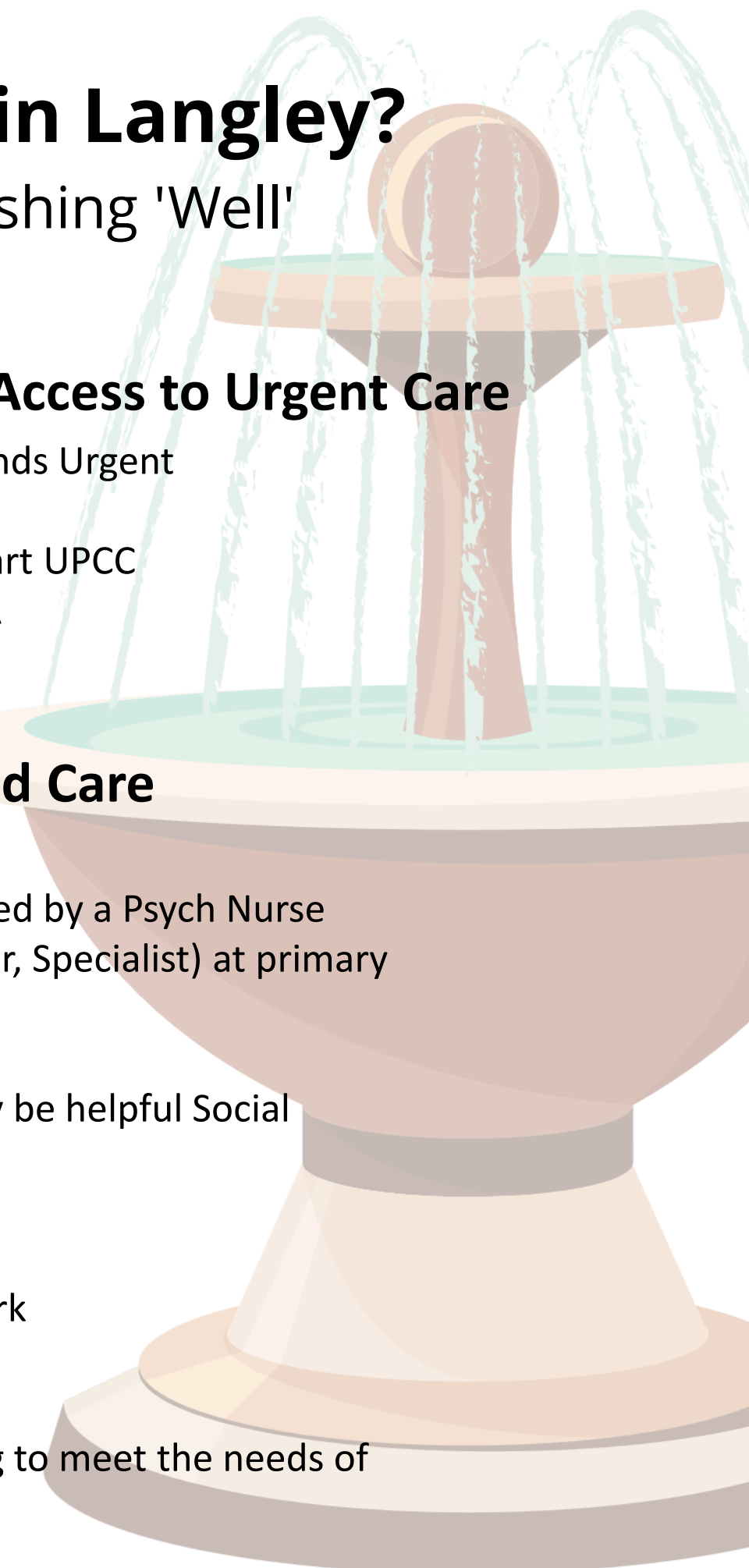
- OBGYN, IUD issues and updates
- Mental Health and assertiveness training for MOAs
- More residents in clinics and LMH
- More residents teaching residents activities

Extended Hours & Same Day Access to Urgent Care

- Organized on call for nights and weekends Urgent
- Mental Health care (UCRC)
- Increase in patient attachments and start UPCC
- Urgent Care Clinic run by LDFP, not FHA

Comprehensive & Coordinated Care

- Funded nursing in practices
- Mental Health patients should be triaged by a Psych Nurse
- Primary Care Team (LPN, RN, Counsellor, Specialist) at primary care clinics
- Integrate pharmacy care
- Psychology integration, short visits may be helpful Social Worker support with forms
- Physio for those without benefits
- Geriatrics
- House calls built into the on call network
- Improved specialist referral system
- LTC call group for those not in Group 1
- Build a vision for LTC/Strategic planning to meet the needs of our patients



What would you like to see happen with Primary Care in Langley?

Members were encouraged to share their thoughts & ideas with the Wishing 'Well'

Clear Communication

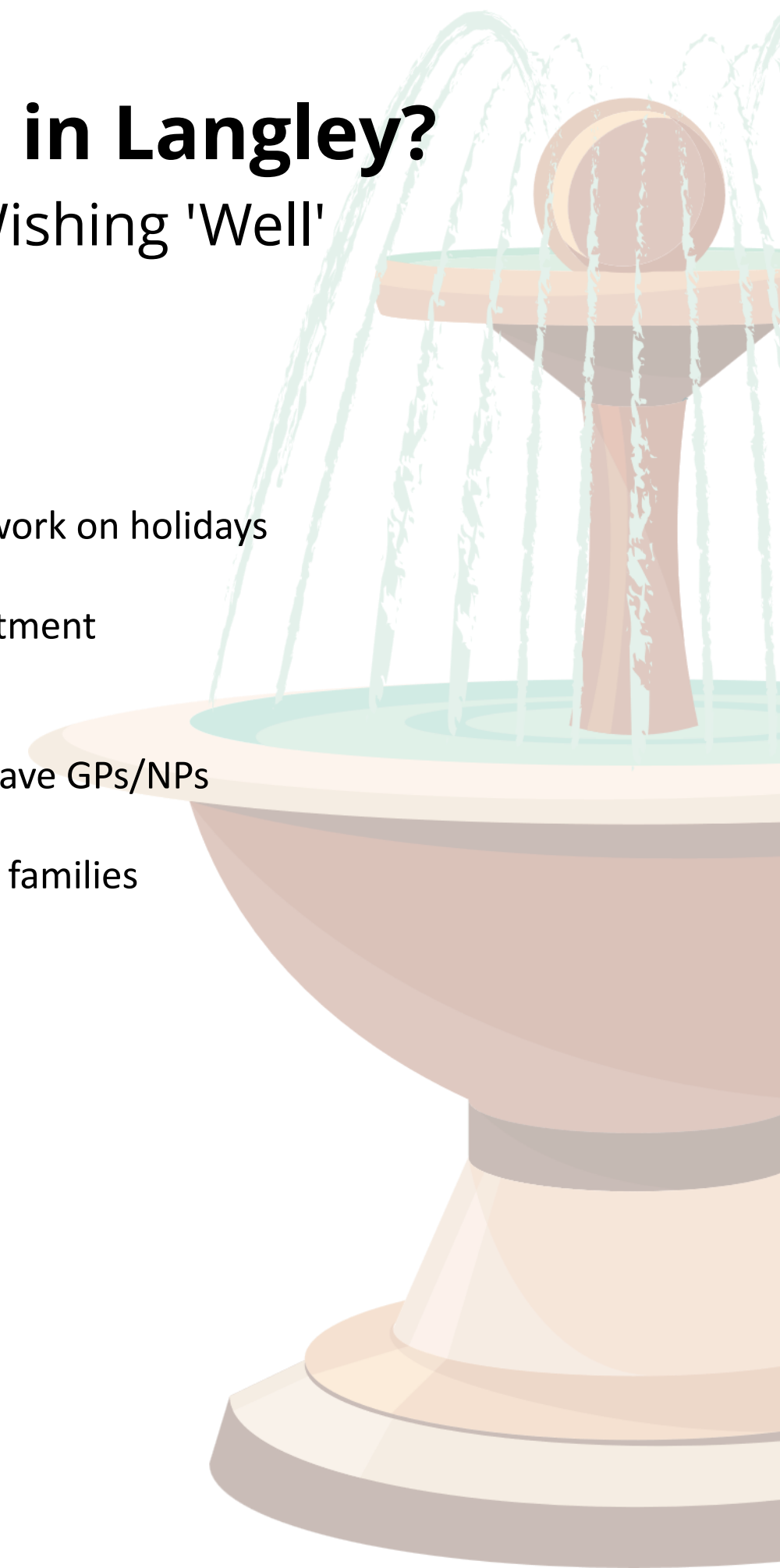
- PCN CC to chart in EMR with more clinical notes to close the loop
- “Rate my It” to share tech solutions/costs/ideas
- Standardized referrals to specialists
- Chart access is an issue – nobody wants to pay for it

Others

- Alternative payment schemes that incentivize and allow GPs to practice in a way that is not driven by the number of patients they see
- Assist with office overheads
- Invite Specialist/Consultants to our social events
- Increased funding for physicians with hospital privileges
- Don't forget about Aldergrove
- Keep a centralized list of service providers and equipment sales

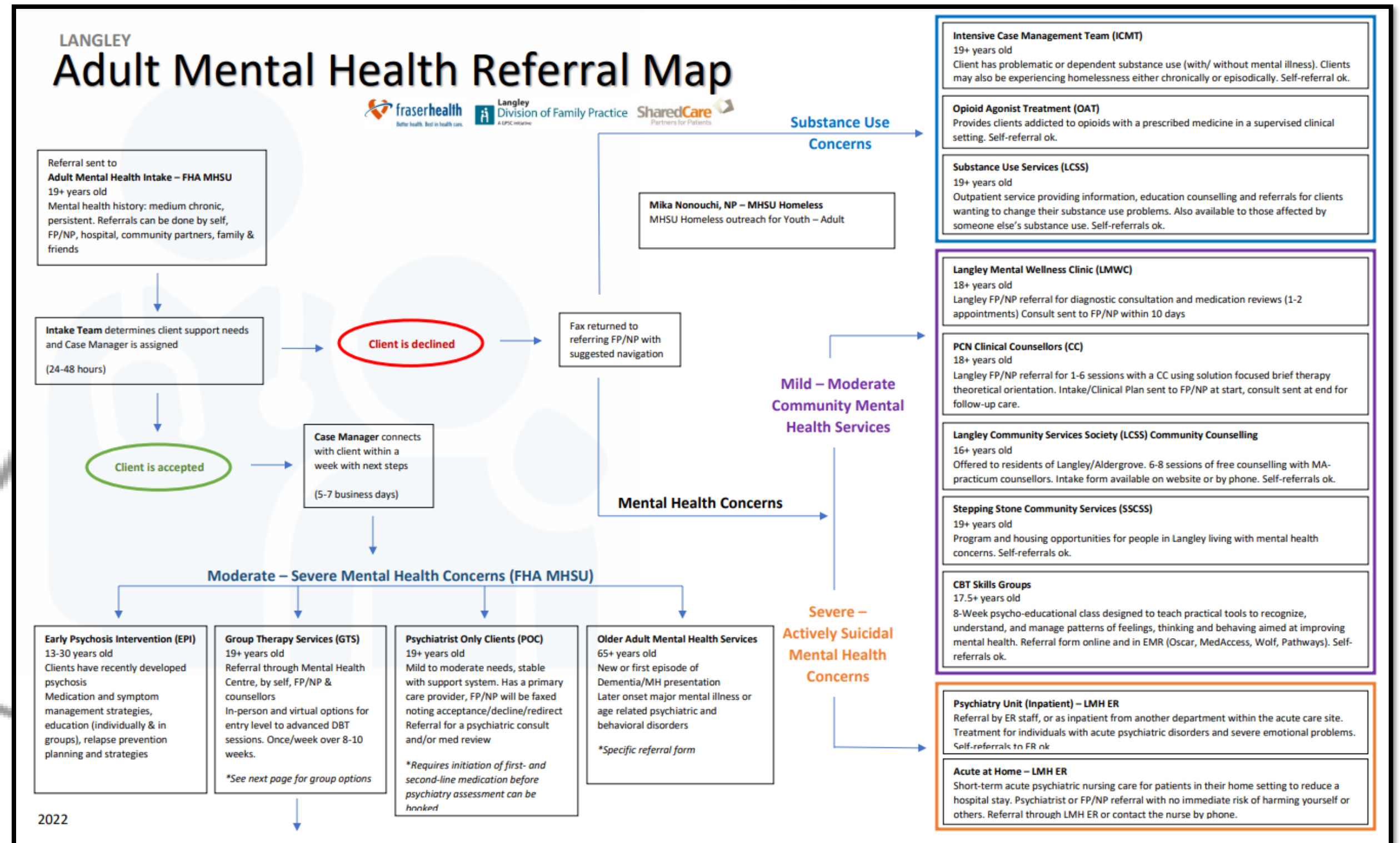
Physician Wellness

- More locums so I don't have to take work on holidays with me
- Encourage physician in-patient recruitment
- New physician mentorship program
- More GP bonding events
- Talent night, but invite patients and have GPs/NPs perform
- More social events for physicians and families



Langley MHSU

Mental Health and Substance Use resources are a top priority for care providers and patients. Navigation is difficult and resources are limited. To layout the resources, eligibility and referral paths LDFP has created an updated and streamlined Referral Map for physician offices and their staff.



Group Therapy Stigma Reduction

Your Langley Mental Health & Wellness Resources

Cognitive Behavioral Therapy and Group Mental Health Education are the most accessible of therapies in our community. CBT and Group Therapy provide an opportunity to receive and give support while learning valuable tools used to manage your mental wellbeing.

Curious about CBT and Group Therapy? Check out patient testimonials and local resources online:



Langley
Division of Family Practice
A CFC initiative

SharedCare
Partners for Patients

Are you willing to post videos or posters to your online platforms/waiting room media?

Patient Reach & Communication Tools:

- Social Media (Instagram & Facebook Ads)
- Websites (Division & Practices)
- Patient Posters & Cards
- Waiting Room screens

To view the testimony videos follow these links:

[Testimony 1](#)

[Testimony 2](#)

[Testimony 3](#)

Thank You! Have a Great Night

